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# German VS American sports

Sports are everywhere, in the news, at the local parks, in schools. But there are different kinds of sports that people bond over. The most common sport being soccer, which in Germany they call it fußball. American's have a similar named sport called football, which is used with a more oval shaped ball and American soccer is used with a round ball. Fußball is not the only sport that is popular in Germany.

In Germany's schools there are many options for sports. Soccer, tennis, golf, and more. Similar to schools in America the schools teams go against another school. Germany is a very competitive country so when watching a game it always keeps you on your toes.

According to Sports Foundation, the sixth most popular sport in Germany is handball. Not many Americans have heard of handball and a lot more of them have never watched a handball game. Handball is when two teams of seven go against each other for two 30 minute halves. They try to pass and shoot the ball into the net with a goalie trying to deflect the ball. It is definitely one of the more unique sports but popular in Germany. For more information about Handball or other German sports visit https://www.movingto-germany.com/top-10-sports-in-germany/

#### Different ways to celebrate birthdays Chloee Stitzel - 10

There are many different ways to celebrate a birthday. People that like adventures can go to an escape room, a scavenger hunt, or a picnic. Most teens tend to have a birthday party, as well as

a sleepover. If someone has a sleepover a group can do many different things. Including, mani/pedis, face masks, truth or dare, karaoke, and watching a movie.

If someone has a summer birthday, a pool party can be a great idea. Everyone can talk, swim, laugh, and enjoy each other's company. Swimming is also a great form of exercise and can help people lose weight.

I know that normally on birthdays people will go out to eat at a nice place with some family and friends. There are many ways to celebrate birthdays and maybe people could try different things instead of doing the same thing every single birthday.

After all, it is someone's birthday and not others. Do what makes that person happy and spend it with the people they care about.



# Group versus solo project

In every school environment, students will face different types of projects. The two most common types are solo and group projects. Many teachers assign both types because as an adult, students may have to participate in both types.

Students tend to like solo projects more. They like being able to move at their own pace and not rush for others. They also like solo projects because many have the fear that the other people will not do their part. Despite there being pros, there are also cons. One con of solo projects is that there may be a limited perspective. With just a single person's point of view, the information could be biased or fake. Another con is isolation. Many students thrive off of social interaction and not being able to have that can cause their effort and confidence to go down, resulting in insufficient or bad work.

Group projects involve more than two people all working on a project together. One reason students like group projects is because they get to hear different opinions from people. Having several different opinions can make for great arguments and more opportunities to learn. Another reason people like group projects is because of the shared work aspect. If the project requires a slideshow and poster, that would be very difficult to do by oneself depending on the size of the project. Another pro of group projects is the social interaction aspect. Everyone thrives off of social interaction and many teachers think that incorporating social interaction can raise a student's moral and effort. There are some cons of group projects as well. One of them being that people can slack off. If it is a slideshow presentation and everyone has their slides done besides one person, that can bring down the final grade of the project. This can cause arguments between students and teachers alike. Another con can be arguments. It is good to have several different opinions on a topic but if two head-strong people do not agree, that could lead to big arguments and maybe physical altercations.

Despite the pros and cons of each, both are highly beneficial to students. Group projects can help their social abilities heighten, their teamwork skills improve, and it also teaches them that it is ok to rely on others. Solo projects can make a student more independent, it can improve their effort, and it can teach them responsibility.

#### Students read to elementar

Mrs. Eshbach's English classes and homeroom students took a field trip to Tilden and Perry Elementary schools on February 18, and read to various classes. The students had to choose a book and connect the story to kindness as a lesson to the grades. Some students even had preschoolers and kindergarteners while others had fifth graders.

Sid Bonning, a freshman in Hamburg, and a student in Mrs. Eshbach's homeroom, read the book A Big Guy Took My Ball by Mo Williams to Mrs. Noecker's kindergarten class. Some kindergarteners enjoyed how Sid wore all black clothing and had such a bubbly personality when reading the story. After Sid read to the kids, they wrote what the kindergarteners connected the kindness to, such as their family life or how they showed kindness to their classmates. When everything was written, the papers connected into a colorful chain that shows how kindness can be never ending.

LeeAnn Mills, a senior in one of Mrs. Eshbach's English classes, read A Wolf's Tale by Eva Montanari to Mrs. Wrona's third grade class in Tilden elementary. The book connected to kindness through judging others, whether it be through their looks or personality. Instead of making the chains, LeeAnn had them pass around the ball and had the kids give a compliment when the ball got to them. Most of the kids complimented LeeAnn and said, "You are the best reader and teacher!" or "I love when you come to read to us!" The third graders learned that it is easier to compliment others than to compliment themselves. Mrs. Wrona enjoyed the message LeeAnn gave to the children and even became pen pals with LeeAnn.

# Cinderella's Closet Wrap Up

Cinderella's Closet is a yearly fundraiser by the drama club to raise money for the graduating seniors. The sale includes all kinds of dresses, short and long, and they can be worn to any type of event; prom, Christmas dance, sweet 16 party, graduation, or even just a pretty dress to wear daily. This allows the high school students to shop for dresses around \$20 to \$50 instead of \$200 to \$500. The drama club made a total amount of \$713 with 29 dresses, 28 pieces of jewelry, and three pairs

Mrs. Jackson, one of the drama club directors, loved arranging the dresses in rainbow order, watching the students find the perfect dress for them, and looking at the dresses as they were donated. She hated when the curtain rods continuously fell down, making the dressing rooms

For next year, Mrs. Jackson is hoping to add a section for the guys, suits, sports coats/jackets, ties/bowties, and button-down shirts so that there can be more participation from the entire student body next year.

## Emma balances honors courses and dance

Elaina Hess - 10

Emma Moylan is a sophomore at HAHS who cares very much about her academics and studies hard while also doing dance and working. She has to work hard to complete all the things she needs to do while also maintaining a prominent social life. Emma likes to have fun and hang out with her friends, but she also knows how to be serious and get things done. She says "I work hard to get everything done in the week so I have free time to do things on the weekend," Many of her friends would



describe her as funny and nice but also mature and diligent. Emma is currently in an honors class, a junior class, and three PS courses. This workload can get tough especially when she has to find the time with work and dance to finish. She takes tap, hip hop, modern, jazz, ballet, and helps out teaching a little hip hop class for the younger kids. She takes these dance classes at Dance Pointe Studio in Hamburg and works at the Westy which is also in Hamburg.

Skylynn Binder, a junior at HAHS, is a great friend of Emma and would describe her as a good friend. She also says that she is a great student who always finds time to do her work. She has been friends with Emma for a while and says that she has always been fun to be around and nice in general. She says that she is productive in many aspects of her life but especially academically.

# Baseball bats up a new season

Kaeli Cox - 11

The anticipated arrival of Spring brings blossoming flowers, blue skies, and warmer weather, but for some athletes, Spring introduces a new season of athletics. This is the case for the Hamburg Area Baseball team who have begun open gyms and practices for the upcoming season.

Cody Agelwei, freshman, shared, "What I like most about baseball is having a good time with my friends." Sports can introduce young athletes to new people interested in the same extracurricular activity. Cody also stated, "I am most excited to meet the new coaches this baseball season." The team recently gained new leadership with a new coaching staff.

The team can anticipate a winning season and lots of support from the Hamburg community.



# Flowering fun

As we enter the warmer months, many of us start to notice the beauty of blooming flowers and the pleasantness of warmer weather. But aside from being visually appealing and enjoyable, flowers and good weather actually have a number of benefits for both humans and the environment. First and foremost, flowers have a positive impact on our mental health. Studies have shown that being around flowers can reduce stress, anxiety, and depression, as well as improve overall mood and cognitive function. In fact, a study published in the Journal of Behavioral Science found that simply looking at flowers can create positive emotions and improve mental well-being.



The presence of flowers in a learning environment can have a calming effect on students, helping them feel more relaxed and focused during their studies. The sight and scent of flowers can also improve cognitive function and memory retention, if the pollen does not bother you, making it easier for students to retain information. Having flowers in the classroom or study space can create a more pleasant and inviting atmosphere, helping to boost students' motivation and productivity, but also taking care of plants and flowers can provide a therapeutic break from academic stress, allowing students to practice self-care and mindfulness.

Junior Deja Wagner-Wakefield states, "I like flowers in the classroom. It's calming and relaxes

Junior Madison Redding states, "I like the idea of plants in the classroom, although pollen makes me stuffy. So avoiding any plant that flowers would be ideal."

Additionally, flowers also have physical health benefits. The pollen from flowers is a vital food source for bees and other pollinators, which are essential for pollinating plants and crops. Without bees, our food supply would be severely impacted, as around 75% of all flowering plants require pollinators to reproduce. By supporting bee populations, flowers help ensure our food system.

In terms of the environment, flowers play a crucial role in biodiversity. They provide food and shelter for a variety of wildlife, from insects to birds, helping to maintain a balanced ecosystem. Flowers also help improve air quality by absorbing carbon dioxide and releasing oxygen during photosynthesis. This process helps the effects of climate change and pollution. Moreover, good weather also has numerous benefits for humans and the environment. Sunlight is a vital source of Vitamin D, which plays a key role in maintaining healthy bones, immune function, and mental well-being. Good weather also encourages outdoor physical activity, which in turn helps overall health and reduces the risk of chronic diseases.

In conclusion, flowers and good weather are not only aesthetically pleasing but also have a multitude of benefits for both humans and the environment. By appreciating and nurturing these natural gifts, we can improve our mental and physical well-being, support biodiversity, and contribute to a healthier planet.

For more information, visit https://safnow.org/aboutflowers/quick-links/health-benefits-research/emotional-impact-of-flowers-study/

https://www.rspb.org.uk/helping-nature/what-you-can-do/activities/create-a-wildflower-meadow https://www.who.int/news-room/events/detail/2022/02/17/default-calendar/webinar-striking-a $balance\hbox{-}harms\hbox{-}and\hbox{-}benefits\hbox{-}of\hbox{-}sun\hbox{-}exposure$ 

## German shopping vs. American shopping

Grace Cromyak - 11

People's shopping habits reflect not only their preferences but also the deeper values and societal norms that help shape their identities. The contrasts between German and American shopping experiences offer a fascinating glimpse into the diverse products of consumer culture.

When Americans visit Germany, they will notice a large number of differences between their average grocery store and an average German grocery store. Visiting Germany, others will see that

German grocery stores are significantly smaller and offer only one or two brands per product, unlike massive one-stop shops like Target and Walmart, which are common in the United States. This difference stems from the fact that German grocery stores focus solely on selling groceries, whereas American stores offer a more comprehensive range of products, including household items. While larger stores do exist in Germany, they are sparse in



number and still more minor compared to America's chain stores.

In German supermarkets, the workload tends to be less strenuous compared to the United States. This is primarily because German stores stock fewer items, resulting in less demanding shelving and inventory tasks. Moreover, German cashiers have the luxury of sitting while serving customers, a practice uncommon in the U.S., where cashiers are mandated to stand throughout their shifts at the registers. This disparity in working conditions highlights distinct cultural norms and labor practices between the two countries, underscoring the importance of understanding and appreciating diverse workplace environments.

For more information about Germany's shopping differences go to; blog.dwellworks.com/  $top-7-differences-between-american-german-grocery-stores\#; \sim : text = German\%20 markets\%20$ offer % 20 less % 20 items, 7% 20 shopping % 20 is % 20 not % 20 common.

#### HAHS holds 2nd annual car show

Bethany Stufflet - 10

Last year marked the first year that Hamburg Area High School held an annual car show planned by the sophomore class each year under supervision of Mr. Haegele. This year the second annual car show will be held on May 5 from 9 in the morning to 2 in the afternoon, in the HAHS student parking lot. The rain date is May 11. The purpose of this event is for the community to come together and join in on a fun event that will essentially raise money for the sophomore class to use for future events and graduation.

The car show will have many craft vendors as well as food vendors. There will also be yard games and raffles. Mr. Laughlin will be providing speakers for music and there will be a google form sent out to all student emails if anyone would like to participate in helping at the car show.



# American currency compared to German currency

With all the German students coming to our school in March, they will need to change the currency they have in order to buy things, especially for the New York trip. Germany's currency

is the Euro. Other countries like France, Italy, and Spain also use the Euro as a currency. The Euro is worth more than the American dollar to convert a Euro to a dollar, would get \$1.09 instead. Germany is a founding member of the European Union and was one of the first countries to have the Euro as currency on January 1, 1999. According to Investo pedia the German word for money is geld and before the Euro Germany used to use the Deutsche mark so if anyone has any of them, they can go to a federal bank to exchange it. One Deutsche mark is worth .51 Euro. Using the Euro has helped Germany reduce the cost of international trade and provide protection against violations in exchange rates. Deutsche Welle, Germany's international



broadcaster, stated that when switching to the Euro Germany gained €1.9 trillion (\$2.1 trillion), which was the most throughout all the countries that use the Euro as currency.

#### German and American clothing

Clothing is a type of self-expression everywhere. It also is a type of expression through culture. When it comes to clothing both, Germany and the US range from different influences and ways it has shaped fashion today. Things like society and history influence fashion in each country, as well as seasonal differences and individual preferences. These differences separate the two drastically and show the different types of identities that live in both countries.

Seasonal clothing differences between Germany and America are influenced by climate and cultural preferences. In Germany where the temperature changes, Germans choose clothing that embraces different weather conditions. Layering and quality outerwear are important to German fashion, especially in the freezing months. While in the United States has different climates across the country which causes a large diversity of clothing. Temperatures are a variety they experience

German and American clothing styles have very different looks on style when it comes to cul-



ture. In Germany traditional garments like the Dirndl and Lederhosen are more than just fashion, they are a part of their culture. These garments are vital to their culture, and a very big part of it. They tend to wear it during oktoberfest and other festivals. Germans favor practicality and quality in their outfits things like durability over fleeting trends. America on the other hand shows a diverse mix of influences. With styles from the East Coast and more laid-back outfits of the West, American fashion embraces individual expression. The difference between the two countries is

the everyday lives they have different ways of expressing themselves through fashion and trends and keeping up with their everyday lives.

For more information visit:

https://people.howstuffworks.com/,https://templeuabroad.blog/, https://youlookfab.com/

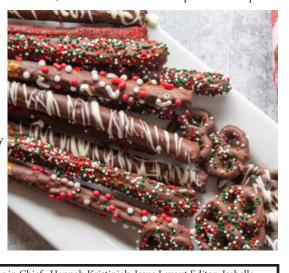
#### Hamburg High School Student Council sells chocolate covered pretzels

Hamburg Area High School Student Council will be selling chocolate-covered pretzels until April 1. Student Council members will be carrying around brown paper bags filled with chocolate-covered pretzels available for all students, teachers, and family to purchase. The pretzel rods are completely covered in chocolate. There will be three flavors available, including cookies and cream, milk chocolate with a white chocolate drizzle, and milk chocolate with sprinkles. The pret-

zels will be available for purchase for \$1 at all times of the day except for lunches. The pretzel rods were not made by student council themselves but they are still of high quality.

The funds that are made from this fundraiser will be used for many different student-run events and volunteer opportunities. Student Council runs many different events that require money to continue the standard that students appreciate. These events include pep rallies, the charity basketball game, and spirit weeks.

Support Student Council by finding a member who is carrying pretzels and purchasing them either for yourself or as gifts for friends and family!



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