

Hawk Happenings

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Students reflect on APUSH roleplay

Hannah Kristiniak - 11

The AP U.S. History class, taught by Mr. Kline, participates in role play simulations where students dress up as historical figures and have to act and pretend to be them. Many of these occur throughout the year, and they provide a fun and different way of learning. Recently, the class participated in a roleplay of historical figures from colonial America.

I chose to roleplay William Penn, founder of Pennsylvania. William Penn was granted the charter for the Pennsylvania colony in 1681 and arrived in Philadelphia in 1682. He provided a colony for Quakers and others seeking religious freedom. To prepare for this simulation, I did a lot of research and wrote down many facts about him and his life. I continuously studied him for a few days and prepared a small note card with important information to have with me on the day of the simulation, just in case I forgot anything. I really enjoyed dressing up since I had a costume, but it was very exciting to be interviewed the day of to show off the information I knew and the hard work I put into this simulation. I am very excited for more simulations in the future especially when they become more modern than colonial America.

Hailey Quinn, a junior at HAHS, selected Anne Hutchinson to roleplay. Anne Hutchinson is regarded as an early colonial America feminist. She challenged male authority and preached to men and women about questioning Puritan authority. To prepare for this simulation, Hailey researched Anne Hutchinson and read many links and articles detailing information about her. She did not write much down or prepare a note card because she was able to read everything she needed to know about Hutchinson and memorized it. She also practiced by talking like she was Anne Hutchinson to friends before the simulation occurred. Hailey's favorite part was dressing up as her character because it really helped her get into character and really feel like she was Anne Hutchinson. Hailey says, "It felt more right talking as Anne Hutchinson when dressed like her." Hailey is looking forward to more simulations that are to come in the future because it helps students learn history in a different way rather than sitting in class and taking notes. Hailey was happy to hear that Mr. Kline was proud of his AP U.S. History group and he said this was the best first simulation for a class since before Covid-19. This made her feel good about moving forward with the class.



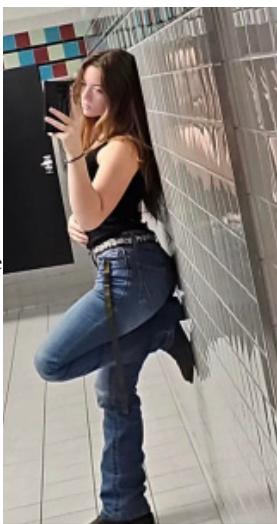
Catrina Feltenberger shares thoughts on senior year

Deja Wagner-Wakefield - 11

While senior year is exciting and scary, there are brand new opportunities available and new adventures to take. Catrina Feltenberger, a senior, who is also involved in cheerleading and Agriculture Science club, is looking forward to graduating. She does not feel like she "is already a senior. I swear yesterday I was still a junior." She looks forward to this because she wants to be free and do what she wants to. After high school she plans to "go back to tech for night classes, and get my welding certification." After receiving her welding certificate, she wants to pursue a career in welding.

While in high school she enjoys seeing her peers and all the good times she has with them while they last. She also enjoys cheering, which she has done since youth. There is no singular moment that she enjoyed most about high school. It was "all the times I was with my friends having fun will always be the most memorable." Catrina advises underclassmen to "Try your best at the work because in the end as long as you pass your classes you'll still graduate."

Peyton Snyder, Catrina's friend of many years, says, "I will be sad when she graduates because we got really close this year." She also added, "I will miss her and going to Hummel's every Thursday to go line dancing." They have cheered together since elementary school "so cheer will not be the same." She will miss her a lot but she "can't wait to see the great things she accomplishes in the future."

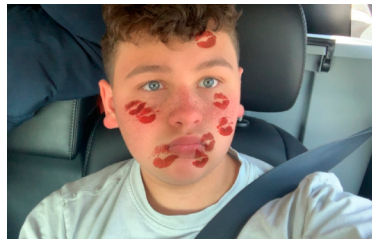


Happy Halloween!



Landon tackles the day

Brielle Cox - 9



Landon Poullos is a freshman who performs in choir and musicals. He currently has a lead role in the musical Bye Bye Birdie as the character Hugo Peabody. Landon says it is challenging balancing rehearsal and school but school is more important to him. His rehearsals are from 3pm to 9pm so he hardly has time to do homework at night, so Landon does his homework in the morning to compromise. He described himself as a very sarcastic, foolish, and fearless type of guy. He is very outgoing and not afraid to do or say what he believes is right. He has two dogs, Lady and LuLu that he walks every day. When he gets older he wants to be a travel nurse for the military.

Landon starts his day by waking up at 3:50 am every school day. He makes his bed in the morning because he can not stop wiggling around in his sleep. After making his bed he goes to the restroom and brushes his teeth. Landon skips meals but makes and enjoys a smoothie in the morning. His smoothie recipe is 3 pieces of cantaloupe, 1 whole banana, 1 cup of yogurt, 1 cup of milk, 7 pieces of kale, and the rest of the blender is filled with ice. After that he walks his dogs to stretch his and their legs. After walking the dogs he comes home and showers to get the morning stench off his body and into fresh clean clothes. He plays Animal Crossing on his Nintendo Switch until his aunt comes to take him to school.

Animal Crossing keeps Landon motivated in the morning to do well in school. He also thinks of his future and how he wants to give his future kids an amazing life with anything they could imagine to influence him to try harder in classes. Landon is also a very influential and inspiring person. Landon does not let petty arguments get to him if someone has a problem with him then they can say it to him in person instead of online. He likes to face conflict face to face to solve an issue. He does not let bullying affect him by knowing he is better than the bullies and he should just enjoy his life. He would like to say to anyone facing problems that "Bullies wish they could be as confident as you." Landon has inspired many other freshmen to be confident when it comes to classes, making friends, and being who they are.

Alex Soto plays sports

Izzabella Gonzales - 10

Being a freshman in the new year can be difficult with being in a new school and not knowing many people. A way that students are able to connect with others in their school is trying a new attitude, and with Alex Soto it is not very difficult. Alex has been playing sports since he was five years old. The sports that he plays are: football, basketball, and running track. Since he grew up in Hamburg and knows the town pretty well, his mom thought it would be a good idea for him to play for the town, and ever since then he has always played for Hamburg. His favorite sport to play is football. This is because it is the longest sport he has ever played in his life, nine years to be exact. He knows that ever since he picked up a football, he knows that playing it makes him happy.

Alex also plays basketball. This is because his mom again signed him up to try a new thing. So he continued doing basketball because he thinks it is entertaining, and he enjoys playing it because he thinks hes good at it. Alex does not play for himself, he plays for his mom and his team; knowing that his mom was the one who pushed him out there to try new and exciting things out in the world, and playing for his team because he knows that they are counting on him to try and lead Hamburg to victory. During his time on the court, Soto plays shooting guard and small forward. Shooting guards are known for their ability to shoot the ball just as well as their defensive skills are, and small forwards's main responsibilities is scoring points and defending. Soto loves anything and everything to do with basketball; he loves playing and being a part of the team.

Running track is not very easy. People or athletes have to have speed, endurance, skill and technique. Alex's events are difficult if someone does not have a lot of experience running or jumping. He runs the 100 meter run in a fast sprint. It may be a short distance but knowing that he has competitors that might be faster., he is able to have a strong mentality. Without it he may feel weak, but knowing he has a good mentality he is able to know that he does his best and can win a race. Another one of his events is high jump. This event is extremely difficult to learn and master. Being able to jump over a pole at a significant height and reaching that goal can be difficult. High jump is all about mastering technical components during that event. His last event is long jump. Soto shows that he can master the approaching run, the last two strides, and preparing for takeoff in the air and landing. It is easy in his eyes, but not so much for others. At first when Alex started track, he only ran to get faster and better at football. But after some consideration and being at the track meets with his teammates, his interest has increased and now runs for the fun of it.

Alex and football go together like Fred and George Weasley, one can not exist without the other. His dream is to professionally play football for the NFL. It is his favorite sport, and if his mom never pushed him to try it out then, his life would not be complete. Soto loves football and would do anything to get on the field and play his heart out. Even though most of his injuries come from football, he would still do anything to play. He has gotten multiple sprained fingers, a sprained ankle, and a fractured arm, he still enjoys it because to him, getting hurt is the fun part, knowing that youre working hard, and putting your all on that field. With all the contact he gets from playing football, everyone on the team gets hurt, either its from practice or a game, every player is coming home with bruises and sore bodies.

When Alex goes professional, his main positions would most likely be wide receiver or cornerback. He plays extremely well for a freshman playing wide receiver, since he has played that position his whole life. His other position would be considered cornerback. Soto would cover receivers most of the time, but also to defend against offensive running plays as reverses. Alex's dream team to play for is the Philadelphia Eagles. It is his favorite team because he and his family have always looked up to them and watch every game as a family. Soto is one of my good friends and I would do anything to help him achieve his dreams, no matter where I am at in my life.



Alaena travels the world

Brielle Cox - 9

Alaena Cox has traveled to many different places, whether it was a state, country, or continent. She has been on both sides of the United States within a single summer. She drove to New Jersey for a fun beach vacation with her mom and two sisters. Then the next moment she was on a plane flying to California to be a flower girl at her uncle's wedding. She has made a family trip to California twice, once for the wedding and another for Thanksgiving. Both times she went to Universal Studios to ride the fun rides. Her personal favorite ride was the Transformer one. After attending the wedding and saying goodbye to her uncle and new aunt, she and her family drove to Arizona.

In Arizona she visited the Grand Canyon and went through a drive-thru zoo called Bearizona. Her mom drove through a bunch of enclosures, with the windows up of course, and they all got a sticker for visiting. Alaena put the sticker on her water bottle that she brings to sports. Alaena was the most excited when they drove through the bear enclosure. Alaena loved Arizona so much that she misses it and would like to go back one day.

Alaena has been on a family roadtrip many times to Illinois to visit family on her dad's side. She plays games, swims, and has a lot of fun visiting family from Illinois. One time she went to a Cardinals game to cheer them on. She was very little at the time so she got very sleepy as the game went on.

This summer Alaena went to England, Scotland, and Ireland after a little plane trouble. Alaena visited her family that had moved to England right before the pandemic. Alaena was unable to visit them sooner because of the new vaccine laws prohibiting them from traveling. Thankfully the vaccine laws were not a problem anymore so she got to see her uncle, aunt, and two cousins. In England Alaena and her family were out and about all day and when they came home, the fun was not over. While Alaena's cousins slept, everyone would play board games keeping their voices down so they would not disturb the little ones. To make the trip across the Atlantic even better than it already was, they all traveled to Scotland to explore a different part of England.

In Scotland the buildings and roads had so much history. Each close, or alleyway, was narrow with many steps, Alaena was either walking uphill or downhill the whole time she was in Scotland. Alaena and her family booked a hotel while her uncle, aunt, and two cousins booked a different one. She walked through spooky ghost tours and went to many cafes even though she does not like coffee. After the fun family trip to Scotland, they drove back to her uncle's house to spend their last two days together. Soon the time was up and she had to fly back home.

First from the Leeds airport, they flew to Dublin, Ireland where they were supposed to have another flight. Because their first plane hit a bird on the way to landing, the airport crew had to do a whole safety inspection, so by the time they landed in Ireland, their other flight took off. Alaena and her family were now stuck in Dublin, Ireland for a day. Alaena walked around Ireland and visited the Saint Patrick's Cathedral. One night Alaena's mom suggested they watch the Barbie movie in Ireland so they all walked to the closest theater to watch the Barbie movie. It was a last minute decision so none of them had any pink. Finally the time came and the sun rose on the next morning telling them it was time to leave. They were finally on a plane back to the United States.

Alaena has been on many planes and has many opinions on them, especially the food and the people. She does not find the food tasty on the plane but her favorite was the pasta they served on her way to Tenerife. The one time Alaena and her sister were sitting next to a wealthy old man, she heard all his stories on the plane about Rolexes and limos and assumed he was rich, and he suggested they had a cleanest tray contest. Alaena cleaned her tray decently. The wealthy old man cleaned his tray, but Alaena's sister had other plans. She stuffed a whole bunch of trash into one small container and it could not hold it all. Her sister had managed to make a time bomb out of trash. Her tray exploded and it went everywhere disqualifying her from the competition. The wealthy old man won. Alaena said he only won because he paid the flight attendant a compliment before she judged. The plane finally landed and all was over as they waited for Alaena's dad to pick them up from the New York airport.

Students share their ideas on what makes a good teacher

Chloee Stitzel - 10

According to National University, eight Important Soft Skills for Teachers are Communication, Time Management, Strong Work Ethic, Problem Solving, Leadership, Variety of Teaching Methods, Variety of Teaching Modes, and Emotional Intelligence. I have experienced that teachers being able to help students whenever is needed helps the student understand what to do. All of these soft skills are very important because some students need to trust their teachers with different things and many different things are needed to trust someone. To read more on these skills, visit <https://www.nu.edu/>.

Madeline Handwerk, a sophomore at HAHS, states, "A good teacher is somebody students feel they can go to, because not everybody has a good home life." Maddie's example of a good teacher at HAHS is Miss Heckman and Mr. Hetrich. Madeline states that Miss Heckman was so kind which made her a good teacher, and Mr. Hetrich because of how funny and easy to talk to he is.

Gracie Zettlemoyer, a sophomore at HAHS, states, "A good teacher is someone who goes above and beyond for their students in classrooms and anywhere else."

Good teachers have strong relationships with their students by being warm, available, and kind. Some students wish that teachers would reach out to parents often, and some don't. To read more about what a good teacher is, visit <https://www.waldenu.edu>.



Illnesses are coming

Isabella Forte - 11

As the seasons are changing, people's health starts to deteriorate as the cold sets in. Illnesses start to spread and students start to become ill. Weather sickness itself is not contagious, as it is usually how the body reacts to the natural shifts in pressure and other factors. Weather sickness does weaken the immune system and makes people more vulnerable to conditions that are contagious, such as colds, the flu, and certain nasal infections. Because of this, it is wise to take precautions to prevent the spread as many do not know what illnesses they have picked up along the way.

Junior Grace Cromyak states, "To safely get rid of my sickness, I usually stay home so I don't spread it. I wash my hands and clean up after myself so nobody in my house gets sick. I will usually take medicine if it gets bad, but otherwise I just let it pass naturally."

To avoid these seasonal illnesses, make sure to clean off any pre-used public areas, keep hand sanitizer close, wash the hands thoroughly, and use proper cleaning products that have a 99% bacteria kill rate. This will keep homes sanitized and safe from other germs. To prevent nasal infections, use a saline rinse to cleanse out the nasal cavity, keep Kleenex near, and wash the face before sleeping. This will wash off any airborne particles that carry illnesses to help further prevent infections and illnesses.

School is a breeding place for germs. Since everyone is always near each other, or interacting with other people, sickness and colds are very common. For teachers to prevent illness, tissues and hand sanitizer should be available to all students in the classroom. Teachers should also thoroughly wipe off desks with disinfectant, or a disinfectant spray to cover more space of the classroom conveniently.

Shifting weather patterns often lead to plants releasing pollen, bacteria, and fungi emerging from dormancy. People whose immune systems are already fighting weather-related conditions are more susceptible to sinus infections and similar illnesses. It takes the human body about two weeks to acclimate to weather changes, particularly if changes signify a shift in seasons. If these symptoms worsen over the span of two weeks or do not dissipate by the time it has supposed to have settled into the weather, it is recommended to speak with a sinus specialist to make sure there are not other conditions such as chronic sinus infections, flu, RSV, COVID-19, or similar issues.

For more information visit, <https://www.kaplansinusrelief.com/blog/can-fluctuating-weather-make-you-sick/>



Students discuss favorite dog breeds

Isabella Forte - 11

Dogs are wonderful companions and make for some of arguably the best pets. Many students have been asked to state their favorite dog breed and why, and many of them have come to the conclusion that they prefer that certain breed because of its familiarity. Students tend to prefer dog breeds that they grew up with rather than a dream breed because it is more comfortable. Dogs also can help their owners do certain things and are great learners. Some canines also go to work too. Many breeds help mentally disabled or challenged individuals as well as physical. People have resorted to their loveable dogs as emotional support animals. Those who experience anxiety, PTSD, or depression disorders can acquire a doggy assistant to help them along the way. Some dogs are even trained to sniff out their owners' allergens in certain food products, and some of the best sniffers can track traces of other humans for miles away, or smell as deep to diagnose someone with cancer. Dogs are amazing and can do amazing things.

Students shared they associate dog breed with personality. For example, if someone loves Golden Retrievers, they may be deemed as the playful and outgoing type, just like a retriever!

Junior Skylynn Binder states, "I love Chihuahuas. They're so small and cute, especially when they are puppies. I didn't grow up with any particular breed, but a lot of people I grew up with had smaller dogs. I find them easy to take care of, since they don't eat much or need much space."

Junior Alyssa Brensinger states differently, "I love pitbulls. I grew up with them and besides everything you hear in the media about pitbulls, they are sweethearts. I believe that no domesticated dog has aggressive tendencies. It's the people that trained them that let that behavior progress, or reward certain behaviors that make the dog feel like it's okay. Yes, this is a higher maintenance breed, but once you bond with them, you'll never want a different breed."

In conclusion, opinions on breeds differ. Each dog has its own unique personality and quirks. But more importantly, adopt and do not shop. Please stop the demand for backyard breeding and seek adoptions from local shelters, especially shelters who cannot afford to keep many dogs housed, and are named kill shelters. Improper breeding leads to dogs with mental disorders and disabilities. Many dogs who have been rehomed several times, or dogs left in the shelter would love a proper home.

Please seek the links below to local shelters that readers may donate to, help out, or rescue! <https://humanepa.org/> <https://berksarl.org/> <https://www.hillsidespca.com/>



Early Dismissal November 20 & 21 No School November 22 - 28

Adviser: Mrs. Terri McCarthy-Wright; Editor in Chief: Hannah Kristiniak; Issue Layout Editor: Bella Kenyel; Writers: Tia Adam, Koa Binder, Isabella Byers, Alaena Cox, Brielle Cox, Kaeli Cox, Grace Cromyak, Harley Davis, Sara Fitzgerald, Izzy Forte, Lilly Gibson, Izzie Gonzales, Elaina Hess, Bella Kenyel, Molly Krick, Hannah Kristiniak, Morgan Lutz, LeeAnn Mills, Riley Mohn, Landon Poulos, Hailey Quinn, Madison Redding, Dakota Schneider, Chloee Stitzel, Bethany Stuffle, Deja Wagner-Wakefield; Hawk Happenings is a weekly publication created by the students in the Publications class at Hamburg Area High School. It is distributed free of charge throughout the Hamburg Area High School community. A PDF is available at <https://www.hasdhawks.org/domain/181> and an online version at www.hawkhappenings.org. The opinions in this newspaper represent those of the student writers and do not represent the opinions of the faculty, staff, administration, or school board of the Hamburg Area School District. HH is a member of the Pennsylvania School Press Association (PSPA), the National Scholastic Press Association (NSPA), and Quill and Scroll. If you have any questions or comments regarding anything that appears in its pages, or if you would like to sponsor our paper with a donation, please contact Terri McCarthy, Hawk Happenings, Hamburg Area High School, Windsor Street, Hamburg, PA, 19526. Our email address is termcc@hasdhawks.org and our phone number is 610-562-3861, x2327.

Group Club Picture Day November 21, 2023