Skills Worksheet

Reteaching – Pg. 248

Section: Alcoholism Affects the Family and Society

PART I

Nathan is an alcoholic. His alcoholism developed in stages. Complete the chart by writing the letters that identify his symptoms next to the stage of alcoholism in which they occur.

STAGES OF ALCOHSOLISM

|  |  |
| --- | --- |
| 1. problem drinking: | 3. dependence: |
| 2. tolerance: | 4. addiction: |

a. drinks alcohol and gets drunk almost every day

b. needs more alcohol to produce the same effect

c. experiences withdrawal symptoms such as anxiety, sweating, shaking, and nausea

d. drinks alcohol to avoid boredom, escape anxiety, relieve stress, or cope with depression

e. is both physically and emotionally dependent on alcohol

f. becomes secretive, paranoid, and defensive as he tries to hide his drinking behavior

g. puts alcohol before everything else, craves alcohol, and cannot control his drinking

h. cannot drink alcohol in moderation or limit his drinking to appropriate times

i. believes that he needs alcohol to function properly

j. substitutes alcohol for food, which can lead to malnutrition

PART II

Answer these questions about Nathan’s alcoholism.

5. What effects of Nathan’s alcoholism might his wife and children be experiencing?

6. How might Nathan’s alcoholism affect society?