# Hamburg Area School District

Name of Course: Personal and Family Living Department: Family and Consumer Science

**Grade Level:** 8th Grade **Instructional Time:** 45 min.

**Length of Course:** 1 Quarter **Periods per Cycle:** 6

#### **Text and Resources:**

Applying Life Skills (McGraw Hill)

Student Workbook

You -Living, Learning and Caring (Goodheart-Wilcox)

Video

Internet

Banzai Financial Literacy Program

Teacher created materials

#### Assessments:

Tests and Quizzes

Projects

Financial Literacy Program Completion

Cooking Labs

Notebook

Standards: National Association of State Administrators of Family and Consumer Science (NASAFACS)

http://www.nasafacs.org/national-standards-and-competencies.html

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Subject/Course:	Grade: 8			aacoriinaa.
Family and Consumer	Suggested Timeline: 1 Quarter,	and the second s		ORENN, NASSER
Science	6 periods per cycle			·
Unit Title:	A Responsible Consumer	·		Wallace and an analysis of the second
Essential Questions /				
Objectives / I Can	and the second s			
Statements	Content / Concepts	Skills / Competencies	Vocabulary	Standards
What is money	~Identify factors that influence	~Demonstrate management of individual and family	ncome,	N.S. 2.1,
management? How do	consumer choices			2.3, 2.6,
we pay bills and keep	~Summarize the rights and	_		ယ
within.a budget? What	responsibilities of consumers ~	¬,	shopping, redress,	
steps need to be taken to	Describe the procedures for		warranty, budget,	
make good consumer	using savings and checking	management of financial resources to meet the	expense, interest,	
choices?	accounts ~Demonstrate how to	goals of individuals and families across the life span.	endorse, reconcile	NAMES AND ASSESSMENT
	pay bills and remain within a			name or
	budget ~List the benefits and	management plan.		******
	costs of credit.			
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- 1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global)
- 1.2 Demonstrate transferable and employability skills in school, community and workplace settings
- 13. 1 Analyze functions and expectations of various types of relationships.
- 13.3 Demonstrate communication skills that contribute to positive relationships.
- capital. 2.1 - Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human
- 2.3 Analyze policies that support consumer rights and responsibilities.
- 2.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span
- 3.3 Analyze factors in developing a long-term financial management plan.
- 16.2 Evaluate fiber and textile products and materials.
- 16.3 Demonstrate fashion, apparel, and textile design skills.
- 16.4 Demonstrate skills needed to produce, alter, or repair fashion, apparel, and textile products
- 9.1 Analyze career paths within food science, food technology, dietetics, and nutrition industries.
- 9.3 Evaluate nutrition principles, food plans, preparation techniques an specialized dietary plans

Subject/Course:	Grade: 8			
	Suggested			
and the second s	Quarter, 6			
Family and Consumer Science	periods per cycle			-
				-0.000000000000000000000000000000000000
	Cooking			
Unit Title:	Techniques			iggional-spheric
Essential Questions / Objectives /	Content /			
I Can Statements	Concepts	Skills / Competencies	Vocabulary	Standards
What are the 4 basic cooking	Explain	ciples, food plans,	conduction, convection, radiation,	NS 9.1,
techniques? What are healthful	conduction,		ensergitudi	9.3
cooking methods? How are foods	convection, and		moist-heat cooking, boil, steam,	physopensis
prepared using various cooking	radiation.	•	poach, simmer, braise, stew,	
techniques?	~ Compare	dietetics, and nutrition	deep-fat fry, panfry, stir-fry	***************************************
-	different methods			AL-7-124A
	for cooking with			inner Anner
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	~Describe			on annual contraction
	different moist-			dephysical control
	heat cooking			
and the second s	methods			
and the second s	~Describe			~~~~~~
	cooking mathods			erobramano
de de la companya de	~ Summarize			200000000000000000000000000000000000000
energy deposition	microwave			erkand <b>e</b> rann
rgining, no tagair	cooking			
	techniques.			www.mada.

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Family and Consumer	Suggested Timeline: 1 Quarter, 6	nina pul		cusalous
Science	periods per cycle	for up a linear vi		
		the reserve		250 00750860
Unit Title:	Entering the World of Work			<b>3</b> 47.48.44.45
Essential Questions /				
Objectives / I Can	again da a ann da a		ent andysteen	
Statements	Content / Concepts	Skills / Competencies	Vocabulary Standards	Standards
What is the application	~Outline the process of applying for a	~ Analyze strategies to manage multiple roles	Networking, NS 1.1, 1.2	NS 1.1, 1.2,
process for employment?	job ~Summarize how to prepare for a	and responsibilities ~Demonstrate transferable	Resume, 13.1, 13.3	13.1, 13.3
What is a resume and	job ~Explain how to follow up after a job	job ∼Explain how to follow up after a job   and employability skills in schools, community	Cover letter	······································
cover letter? How do we	interview ~Demonstrate knowledge of a	interview ~Demonstrate knowledge of a and workplace settings. ~Analyze functions and	interview	
successfully interview for a resume and cover letter	resume and cover letter	expectations of various types of relationships		
job?	-	~Demonstrate communication skills that		**************************************
		contribute to positive relationships		-000 <del>-00</del> 000
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Family and Consumer	Suggested Timeline: 1 Quarter, 6 periods			
Science	per cycle			
Unit Title:	Sewing Machine Basics			
Essential Questions /				
Objectives / I Can				
Statements	Content / Concepts	Skills / Competencies	Vocabulary	Standards
What equipment is		~Evaluate fiber and textile products and embroider, tension, NS 16.2,	embroider, tension,	NS 16.2,
needed for sewing on a		materials ~ Demonstrate fashion and	interfacing,	16.3, 16.4
machine?	functions.		Ğ,	
How is a sewing machine	~ Explain how to use a sewing machine.	pair	selvage, bias	
used?	~ Explain how to select fabric and notions.	fashion and apparel		
What fabrics and notions	~ldentify parts of a sewing machine.			
are used to prepare a	~Define the role of basting. ~Identify the			
sewing machine project?	sewing machine project?   purpose of different stitching techniques.			

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