

**HASD Sports Hall of Fame  
Personal Profile**

**Nominee:** Jed S. Seitzinger

**Home Phone:** 717-767-9361

**Address:** 1144 Sarazen Way, York, PA 17404

**Year of Graduation & School:** 1985 Hamburg Area High School; 1989 Delaware Valley College;  
1994 Des Moines University Medical School

**Athletic Participation - sport(s) & year(s)**

**High School:** Wrestling 1982-1985, Soccer 1982-1985, Track & Field 1982-1985

**College:** Wrestling 1985-1986, Track & Field 1989

**Professional:**

**Awards & Significant Accomplishments**

(Varsity letters, All-County, All-State, All-American, 1000 points scorer / rusher / passer, coaching record, championship team member, etc.)

**High School:** Started wrestling in 1974 as part of the inaugural elementary wrestling program and wrestled every year until the end of his freshman year at Delaware Valley College.

Jed was a 4-year varsity wrestling letterman. Upon graduation in 1985 he held the HAHS record for the most wins. (This record held for about 15 years.) He ended his high school career with 80 wins and 20 loses. He won medals in the Berks County wrestling championship in all 4 years, earning gold in 1984. He was also a district wrestling qualifier all 4 years. Jed was undefeated during his senior year regular season and was awarded the outstanding wrestler at HAHS in 1985.

He was a member of the soccer team for 4 years, earning 3 varsity letters. Jed was also a member of the track & field team for 4 years, earning 2 varsity letters. The team finished first in Division and County 3 of those 4 years. His senior year he earned a District bid as part of a 3200 relay team. Jed was awarded Outstanding Male Athlete for HAHS in 1985.

**College:** Jed wrestled for Delaware Valley College his freshman year and joined the track and field team in 1989.

**Professional:** Jed coached youth baseball and basketball when his son was young. Today he is an ER Physician and Vice Chairman of the Emergency Department for UPMC Pinnacle in Harrisburg, PA.

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**Submitted by:** Sandra A. Christman      **Home Phone:** 610-562-8722

**Address:** 551 N. 4th St., Hamburg, PA 19526

**Return profile to: Aaron Menapace, Athletic Director, HAHS, Windsor Street, Hamburg, PA 19526, or fax 610-562-2634**  
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